

## CANBERRA EXCURSION



**Captain Cook Memorial**

### **ACCOMMODATION:**

**“Australian Institute of Sport”**

Multi Shared Accommodation

**Duration: 3 nights**

## **ITINERARY:**

### **DAY 1:**

#### **Coach Transfer from Canberra Airport:**

On arrival at Canberra Airport you will be met by your **Local Coach Driver** and will begin your Canberra itinerary as follows:

#### **Mount Ainslie Lookout: General Visit**

This provides a spectacular view of central Canberra and Parliamentary Triangle. From this vantage point you can really appreciate the city's distinctive layout with its lakes, parks and gardens. The backdrop of hills and mountains adds to the stunning vista before you.

#### **Australian Institute of Sport: Guided Tour**

Including Sportex (Stay @ AIS) Experience the home of past, present and future sporting champions with one of Australia's elite athletes as your guide. The tour gives you a unique view of the world class facilities and an insight into the life of an elite athlete. Includes the Sportex session.

#### **Sportex**

Learn about sport the fun way! Sportex is an educational and engaging sports experience where you can try wheelchair basketball, virtual downhill skiing, rock climbing, football penalty shootouts, and more. Best of all, Sportex is included as part of every AIS tour.

### Sportex Highlights

- Try out a selection of interactive sports experiences
- Test your accuracy, speed and strength with our ball skills tester, reaction timesr and more
- Explore educational exhibits - Sydney 2000 Olympics, Heroes and Legends and Sports Science.

### Evening: Swim at the Australian Institute of Sport

**Overnight Canberra** (Meals: Lunch – Dinner)

### DAY 2:

#### National Capital Exhibition at Regatta Point: Guided Tour

A great introduction to Australia's Capital City. The history and development of Canberra is told with rare photos, original plans, clever and stunning laser show and audio-visual presentations. This is an excellent vantage point to view Lake Burley Griffin, the Captain Cook Water Jet and the various national attractions on the lakefront. The exhibition answers everything you ever wanted to know about the national capital.

#### Parliament House of Australia:

Parliament House is the focus of Australian democracy. The Educational programs explain the responsibilities and procedures of Australia's Federal Parliament. We will take a tour of the House of Representatives and Senate for both Parliamentary Education and Hospitality.



Parliament House

#### High Court of Australia: Guided Tour

The High Court's role as the pinnacle of the Australian judicial system is reflected in the building's grand approaches, glass facade, towering hall and elegant courtrooms. Special note should be made of spectacular use of Australian timber in the court rooms.

#### Electoral Education Centre: Guided Tour

The Electoral Education Centre runs topical classes on the federal electoral system for students from upper primary to tertiary level. The centre's programs are designed to make students aware of the importance of elections and participation in parliamentary democracy

### Evening: Flip Out (Indoor Trampoline Centre)

**Overnight Canberra** (Meals: Breakfast, Packed Lunch & Dinner)

### DAY 3:

#### Discovery Zone

The Discovery Zone offers students exclusive use of a unique hands-on experience. The program **looks at one family's experience in the First World War, the Second World War and the Vietnam War.**

#### Australian War Memorial: Anzac Legacy Program

Explore the characteristics and shared experiences of Australian soldiers during the First World War. Discover how the ANZAC legend has shaped Australian identity. This program takes students to the Memorials Commemorative Area and uses exhibits in the Gallipoli and Western Front galleries, as well as hands-on items, to provide a simulating educational experience.

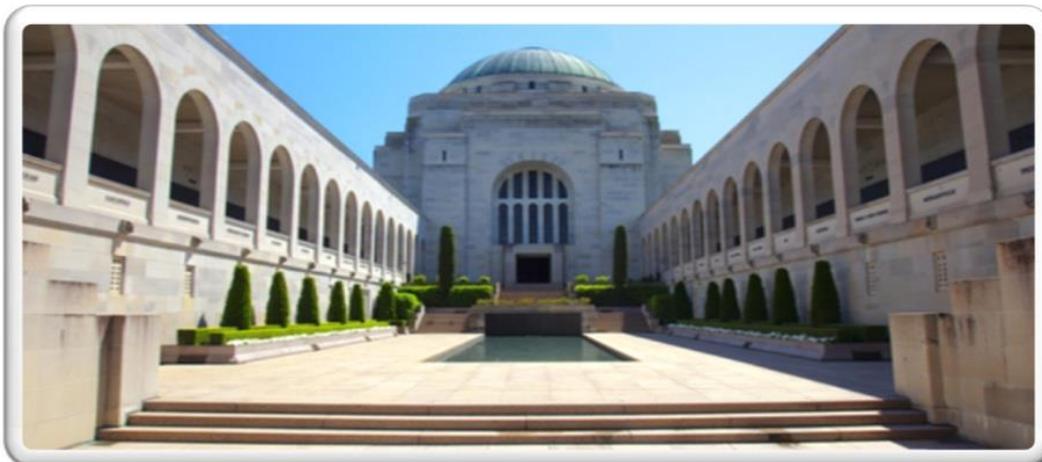
#### ANZAC Parade Memorial: Guided Tour (walk)

The National Capital's major ceremonial avenue is set along the magnificent Land Axis which forms a key feature of the original 1912 plan for Canberra by Walter Burley Griffin.

The parade displays 11 memorials to those who fought for and protected our nation.

#### Royal Australian Mint: Guided Tour

The Visitors' Gallery offers excellent views of the minting process and the fascinating Coin Museum. Exhibitions trace the history of Australian coins and coin design. You can also mint your own special \$1 coin during your visit (*at own expense*).



Australian War Memorial

#### Geoscience Education Centre: Guided Visit

The centre offers a variety of curriculum linked hands-on geo-science activities with materials and equipment not normally available to schools. View a collection of meteorites and a display of records of Australian earthquakes.

Learn about the activities of Geoscience Australia, and the clever low energy geo-thermal heating/cooling system of their award-winning building. Experience a walk through time by taking the one kilometre Geological Timewalk. The Geological Timewalk is a physical representation of geological time in the landscaped gardens of the Geoscience Australia. The TimeWalk leads you through the Earth's 4600 million year (Ma) history and represents the evolution of the Earth from its formation through to the present day.

**Overnight Canberra** (Meals: Breakfast, Packed Lunch & Dinner)

## DAY 4:

### **Questacon: The National Science and Technology Centre: Self-Guided**

This "hands-on" exhibit is entertaining as well as educational. A spiral walkway leads you to the various galleries of the Centre. Over 200 interactive exhibits deal with the mysteries of science by demonstrating their everyday applications. Amongst the fascinating exhibits is "Bodyworks" where you can learn about your own body for walking, talking, listening, cycling, throwing and balancing. You can experience an earthquake in the Centre's living room, watch a lightning strike or make music on a harp without strings. The Environment Exhibition shows how individual Australians and visitors can make a difference to global environmental issues.

### **National Portrait Gallery:**

The National Portrait Gallery offers a wide range of workshops, study days and professional development forums for educators and students that extend and enrich school-based learning. Driven by the richness of the collection and students' responses to it, the programs emphasises visual art, history, literacy, numeracy, civics and citizenship. Interpretation of the portraiture connects history and art and the stories of people.

### **CSIRO Discovery: Discover CSIRO**

CSIRO, the nation's largest science organisation, has established Discovery, a unique centre showcasing Australian scientific innovation. The exciting Discovery centre is set within a workin 9 research environment and spectacular atrium.

Is a hands-on, minds-on program, students investigate and evaluate current science research before voting for the project they consider of greatest value to society and most worthy of further research funding.

### **Coach Transfer to Canberra Airport:**

Later this afternoon you will be transferred to Canberra airport for your return flight to Coolangatta.

**Early evening flight home.** (Meals: Breakfast, Packed Lunch, Afternoon Tea, Dinner)

Please Note: Itinerary is subject to change if required due to logistical reasons.

#### Head Office

Suite 208 "Eastside" 232 Robina Town Centre Drive, Robina Qld 4226 Australia  
ABN: 65 603 064 044 IATA: 0235190-4

PO Box 4328 Robina Town Centre, Qld 4230

p: + 61 7 5593 3322

f: + 61 7 5597 3700

[www.mtatravel.com.au](http://www.mtatravel.com.au)

